

EGSM – EGSM on EGSM

Content Warnings

- Discussions of: gender dysphoria, stress & self-doubt, therapy
- Mentions of: war (fictional)

MICHELLE

I've got to say... I really hated the episode that had Helen on.

[Laughter]

TESSA

Yeah... every episode that had Helen - man, those were the worst!

CATHY

Yeah!

[Laughter]

[Show Theme - Intro]

HELEN

Hello friends and fans and welcome to Enthusiasm. The show where we talk about a few of our favourite things. I am your host, Helen Gould, one of the

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best Rusty Quillers and today we're talking about Enthusigasm. And I am indeed enthusiastically glad to be joined by Cathy, Michelle and Tessa. As always, we shall go alphabetically - so Cathy, what are your pronouns and what do you do?

CATHY

Hi, I'm Cathy. I'm audio master here at Rusty Quill. And my pronouns are she/her.

HELEN

Lovely. Michelle - what are your pronouns and what do you do?

MICHELLE

Hi, I'm Michelle. I am an audio-editor at Rusty Quill and my pronouns are she/her.

HELEN

And Tessa, how about you?

TESSA

Hello. I'm Tessa, I am also an audio-editor. I also do sound design, for Chapter and Multiverse. So yeah, that's what I do. And my pronouns are she/they.

HELEN

Beautiful. And the best thing is that what all of you have in common is that you work on Enthusigasm with me, and I am the World's best host and director, and I treat you all like angels, who have saved my life! I don't know why I said all of that - it's been a very long time since I've done this!

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[Laughter]

CATHY

When are you actually going to let us out of the dungeon, Helen! You say all these things...

HELEN

Never!...

CATHY

... but when are we going to get out?

[Laughter]

MICHELLE

I haven't seen the sun, in 40 years!

TESSA

What's the sun!

[Laughter]

HELEN

Argh... my evil plan... OK. So, to anyone who is listening, and feeling a little confused, we decided - for a laugh, for kicks and giggles, let's do a little Enthusigasm mini-sode, about Enthusigasm, with the people who actually work on it. I am giving - I have given everyone free rein, to say whatever they like, apart from the usual rules - like don't dox yourself and don't swear. And my first question that I've come up with, is that I would like to hear what people's favourite episodes are that they've edited. I have some in mind, that I feel like

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might have been favourites, but that's just 'cause I think they were the funniest ones. Does anyone want to go first?

TESSA

I've got an answer ready. I was thinking about this all of yesterday. No joke. I've got kind of two answers. One is - I really loved doing the editing for Fantasy Books...

HELEN

Oh...

TESSA

It had - the cast had really great chemistry. I believe Cole was in the closet the entire time, and that was kind of a running gag...

[Laughter]

TESSA

... especially between Tim and Cole, and it was just like... a real joy to work on, especially because I got to work on the episode itself, and then also on the out-takes episode. There were some funny gags from that as well. And so, it was kind of the gift that kept on giving, where it made me laugh, throughout the months, rather than just the one time I edited it.

[Laughter]

TESSA

So that one was a real joy.

HELEN

Yes. For the best sound quality, Cole had to go and sit in this cupboard...

TESSA

Yeah!

[Laughter]

TESSA

It reminds me a lot of what I'm doing right now, actually!

HELEN

Yes. Are you under your desk?

TESSA

I am fully under my desk, surrounded by pillows!

[Laughter]

CATHY

You look so cosy!

HELEN

Oh, the things people do for me... and my silly little show! So, if that's your first option, what's the second one?

TESSA

Yes, the second one was one I already mentioned, which was the outtakes episode. So, for that one - what we do, is go through when we're doing our

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listen through, if there's anything that is during the... before the intro, during the break, during - after the outro... or through the episode, that is off topic, or kind of just a mistake quote-unquote, we can take those out, and put them into a separate folder, and then all that stuff will get compiled, in like a thread of little clips, to be released as season break content, and it's always fun, because it just... you get to hear everyone kind of being silly - goofing off, cursing, yelling at motorcycles outside their window... etc., etc. So it's always fun.

HELEN

That's really, really fun. Yeah... you're like one of our go-to outtakes people!

TESSA

Yeah. I've done it for the first and second season!

[Laughter]

HELEN

Alright then, who wants to go next?

MICHELLE

I really enjoyed editing the Toy Soldiers episode, as Grant would call it.

HELEN

Ahh...

MICHELLE

Grant and Chris talking about them collecting their war hammers... not actual war hammers... the little, tiny people, that are immaculately painted...

HELEN

The horrible little men

[Laughter]

MICHELLE

I really liked that because, when I was younger, and trying my damndest to be a boy... and I know that this isn't exactly a gendered thing, but in the nineties and noughties games workshop or hammer stuff, it was - it was for the boys. And so there were loads of boys into it, and I was like - I'm going to do the boy thing, but the game was so boring, and I hated painting them, it was rubbish, and yeah - it was not for me. But listening to Grant and Chris talk about what they get out of painting it, and all of the interesting parts of the games workshop universe, I found that hilarious and fascinating, because I just loved the space marine chapter they talked about. I can't remember which one it was, but the one that's just really bad. They're just quite rubbish and get massacred...

HELEN

Yes...

MICHELLE

... and I found that idea, so incredibly funny, to the point where I decided - I'm going to go to a games workshop - shop, and have a look. Because maybe I've missed something here. And I got there, and it was like - oh no... no... this is awful. This is not for me at all.

[Laughter]

MICHELLE

But, listening to Grant and Chris talk about it, was really... like their enthusiasm for it came through, and they were really funny about it, and I learned so much. So I understand it, if not entirely condone it, when it comes to me. I don't want to be involved - but I'm glad they have a thing they love. And that's what the show's about, right?

HELEN

Oh... I'm getting really genuine earnest answers. I think this might just be a wholesome episode, rather than a farcical one. Cathy, what about you? Are you going to continue this trend?

CATHY

I don't know! There's so many of them!

[Laughter]

CATHY

There's so many episodes. If I go backwards - I can think of at least four that I remember like really stood out. The most recent one, I think would be the Mass Effect episode. I love listening to that so much. I had such a good time talking about the game and the lore and so much of what you talked about is like - stuff that I kind of like in a game, but I don't really know how to find that - like when looking at a game, like on a website or on a shelf or whatever. So I'm like - "Mass Effect? Oh it looks like every other - you know, space, shoot um up game" yeah they all kind of look the same to me, by the way she described it, I was like - oh man, that's like - that's my jam... I need to go play

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that now... So... that was really cool. I mean... ya'lls excitement about it was really cool. I also really enjoyed - I enjoyed the episode on improv... and...

TESSA

Oh yeah...

CATHY

Yeah... Improv just feels like very nebulous, even though I think we've done like little bits of like - having to deal with performance art here and there, I think - just hearing people talk about improv and how it works, both like in performance, and day to day life was really cool, really interesting.

HELEN

Aww... I'm really touched... I'm actually genuinely like -"oh"... "oh you like the things we make"!

[Laughter]

TESSA

Helen, I know that you've told us to come out here and make it funny - and lie and all that stuff - but I'm not a very good liar!!

[Laughter]

TESSA

... I just am not...

[Laughter]

MICHELLE

I've got to say... I really hated the episode that had Helen on.

[Laughter]

TESSA

Yeah... every episode that had Helen - man, those were the worst!

CATHY

Yeah!

[Laughter]

CATHY

My favourite episodes are the ones that Lowri was on.

[Laughter]

TESSA

Wait, wait... but now if we're in the lying track, then that's really rude!

CATHY

Everything's a blur now... Stop it Tessa... stop making it worse for me... I keep digging my own hole, on my own!

HELEN

Alright - I'll take control, I'll take control of this - let's pivot back. You are allowed to be truthful and wholesome and nice to me. That is - I will allow you to do that for this one episode...

CATHY

Never again after this! Never be wholesome after this episode.

[Laughter]

HELEN

So, my other question, and this might be controversial, this might... cause discussion, I'd be very interested to hear like... who - in your opinion, has been the best guest. And that can mean they can be the funniest, or the most thought provoking... or just the easiest to edit... or the nicest voice. Whatever criteria you want, I'd be very interested to hear your thoughts because I really like having Fay Roberts on. Fay always - like - there's always like a couple of things that I learn from Fay, that I had no idea about, and they are so smart. Always so thoughtful.

TESSA

I don't know if I've had the pleasure of editing a Fay episode, but whenever I've heard bits, I'm like in the cutting room floor episode, or such... or the outtakes, I'm always like - oh man... I didn't know about any of this stuff that's now being shared, it's always very exciting and interesting.

CATHY

I think Tim, as a guest, is probably one of the best ones for derailing me while I'm editing!

[Laughter]

CATHY

I can't focus for crap once Tim is on as a guest. I just like have to listen five times in a row, because I forget to actually edit the thing!

HELEN

Yep, Tim Meredith - chaotic... full stop.

TESSA

Incredibly funny.

[Laughter]

HELEN

Argh... he brings the giggles.

CATHY

I like Nemo as well. When Nemo Martin's been on. They've got like such a... interesting depth of knowledge. In piracy and musicals and anime and there's just so many different things and it's like - it's just fascinating. I want to sit down with Nemo, and have a conversation... that just sounds really cool...

HELEN

Yeah. I mean you can. They're in our Microsoft Teams...

[Laughter]

CATHY

Let us out of the dungeon, and maybe I could, Helen!

[Laughter]

HELEN

Ahh... so if you haven't heard that one, that's Nemo Martin, who is the writer for Trice Forgotten - our upcoming piracy podcast, on Rusty Quill. Michelle, what do you think?

MICHELLE

I really liked editing James Ross, on the Mass Effect episode. I mean, he's a guy who does umms a lot, and usually that can be... we're supposed to cut out - you know... umms as much as possible, but with James it was pretty much impossible...

HELEN

Yeah...

[Laughter]

MICHELLE

But I didn't mind so much, because listening to him again - because I was in that episode, and heard it live, then I was going over it in the edit, and I mean he'll just go off on an tangent about how the Mass Effect games... he would go

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really deep, but then I wouldn't want to... you know... punch myself in the head listening to him. He would be able to go deep and be funny and engaging. You could tell the guy's a comedian, like as a job. You can tell.

HELEN

Yes you can!

MICHELLE

... he's got funny bones...

[Laughter]

MICHELLE

I think my least favourite guest was myself - because...

EVERYONE

No!

CATHY

Stop it...

TESSA

We're not doing least favourite guests!

MICHELLE

... right... I'm not fishing. I don't need... I don't need your platitudes... I'm OK.

[Laughter]

MICHELLE

No, the reason being that... I have my own podcast, that I edit myself on all the time, right? And for some reason, there's not much pressure there, because that's where I... that's like on home turf... I'm a journalist, I'm talking about trans issues... something I know a lot about. It's literally a subject I put my ten thousand hours into, so I can speak about that confidently. Listening to myself be on a podcast to crack jokes about something I like... that became very stressful, because there were definitely times where I was listening to a joke, and just being like... is this funny or am I being weird? Should I cut this out or not. I don't know if this is right. Like - I don't know... I'm not saying this to get ahhs... I mean it was fine. I did it, but then it was just like... well I think this is fine, but that's me... I cannot be unbiased...

TESSA

It's definitely like... the hardest to edit an episode that you, yourself are in. Because the instinct is just to try to take up less of the conversation, and less of the space, because you're listening to yourself, and you're like - oh... am I even adding anything to the conversation? Am I a good part of the talk... or just...

MICHELLE

Yeah... I had that during the recording, and I had it during the edit...

TESSA

Yeah...

MICHELLE

... I'm just like... I became obsessed with just like... right, am I taking up the same percentage of the episode as everybody else. Like am I talking too much in this episode? Am I making this about me? I'm making this sound like I had some kind of crisis editing it. I really didn't. It was just...

TESSA

No...

HELEN

OK. I'm really glad, I'm really glad you let us...

MICHELLE

... it was just... it was just a lot more stressful than I thought it was going to be. But then in the end, I really liked how it turned out. I listened to it again, and I was like... oh OK. Yeah, I'm punching my own weight. I'm not taking up most of the space. It's fine. It's fine.

HELEN

Yeah, you did great. All three of you have always done so well on all of your episodes. Like I love having all of you on.

MICHELLE

Well in that case, it's on you!

HELEN

It's my job... yeah... it's literally my job to cut out anything that I think shouldn't be in there... so... you can just leave that to me, and if I think it should be in there, then it means it good and you did good.

MICHELLE

Well, if I'm on another one, I promise not to derail the thing with five minutes talking about a completely unrelated topic, like I totally did on the Mass Effect one. There was about five or ten minutes of that - of us talking about Far Cry, because I brought that up. And that was not why we were there!

HELEN

Oh yeah **[Laughter]**!

MICHELLE

I was a challenging guest, and I know it!

TESSA

But to be fair, that's every Enthusiasm episode! Yeah, every Enthusiasm episode has at least five to ten minutes of complete off topic conversation...

EVERYONE

Yeah.

HELEN

This is why one of the break content episodes is the cutting room floor, because it's stuff that I couldn't put in, because it was like either not actually relevant to the topic, or we ran over loads and I just had to cut something, so I just picked something!

MICHELLE

Well, let me ask you this Helen, because I have a question for you, I'm turning the tables...

EVERYONE

Oh...

MICHELLE

What is - is there anything that's happened on an Enthusigasm recording, that you have to decide can never be released? That could never even make it onto the outtakes.

CATHY

Helen's face!

[Laughter]

HELEN

There's been a few... so the answer is yes. And I'll leave it there!

MICHELLE

OK.

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[Laughter]

MICHELLE

OK. I'm sorry people listening, you're not going to get any dirt...

TESSA

It's a big mystery, the big mystery...

HELEN

Well the thing is... if I didn't want it to go out on the episode, I'm not going to tell you what it was!

[Laughter]

MICHELLE

That's a good point!

TESSA

I've heard some of the stuff that hasn't made it out, and it hasn't made it out for a reason!

HELEN

To be clear... to be clear - it's not anything terrible or bad...

TESSA

No...

HELEN

... it's always been me being like... it will be stuff like - oh... they just said they're entire street name...

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TESSA

... yeah... or their address...

HELEN

Yeah...

[Laughter]

HELEN

And I'll be like... nope - can't have that!

MICHELLE

So it's not like a guest saying - right - here is a list of why I think the United Nations should be destroyed, or anything?

[Laughter]

HELEN

No. All of our guests have always been really wonderful and lovely. I am still on very good terms with everybody. There has never been anything where I've been like - that was a terrible thing to say... it's just been stuff where I've been like - for everyone's good!

MICHELLE

For the record, I wasn't asking for that kind of thing. I just thought there would be something funny - like - I don't know... a delivery driver turned up, who was around for too long... or someone started talking about like - you know - how things would be difficult in a relationship with their father, or something - I don't know!

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HELEN

I've done that! I have absolutely talked about my boyfriend's in the break bits...

MICHELLE

Oh, I know! I know...

HELEN

That kind of stuff I do cut out!

[Laughter]

MICHELLE

Do we need to go into that Helen? I know so much more about your private life now!

[Laughter]

MICHELLE

Like I had to message you, just being like... is it OK that I know this!?

HELEN

It is OK. I would not say the thing, if I was not comfortable with the editors hearing it! I trust everyone. And the editors hold so many secrets...

TESSA

So many secrets...

HELEN

Very indebted to you all! And on that piece of gratitude, we'll take a break.

[BREAK]

HELEN

And welcome back. So, I've got another question, which you know we've sort of started to tread around, but is there an episode, that was particularly difficult to work on? With a disclaimer we will discount the episodes that we had to scrap entirely, because of tech issues! Because I know that must have been the most difficult one to work on, because we had to give up on it, but other than that...

[Laughter]

MICHELLE

Was that the episode that I edited, without knowing that I shouldn't have?
And then...

HELEN

I don't know...

MICHELLE

This might not be something that makes it into the recording - apologies... there was an episode that I did. I think it was my first one that I did, where one of the audio tracks was completely...

CATHY

Oh... yeah.

HELEN

It was the folklore one...

MICHELLE

Yeah. I missed a message somewhere, and just like - OK, I'm doing this episode. Oh wow, this is bad... well they must know it's bad, because I've got it... so I'll just do it...

TESSA

Oh no...

MICHELLE

And was that... was that the one you're talking about?

HELEN

Yeah. That's the one we had to get rid of. We've only had to get rid of one, and that was it...

[Laughter]

MICHELLE

Well, I'm glad I could polish it up for the bin!

[Laughter]

MICHELLE

That was entirely my fault, because it was... the message was very clear - don't do this episode. And I just didn't see it. So, I just did it - so it was entirely my fault...

HELEN

I'm sorry Michelle... So apart from the episode that we had to scrap, are there any ones that have been particularly difficult to work on? Because I know that there are some episodes that it's been difficult for me to make notes on. And that's usually because it's been the ones that have overrun massively - but have still been really good. And it's been really hard to pick the bits to take out, basically.

TESSA

I know that I had - I don't remember which episode it was though, but there as an episode where, at one point, there had to be a pickup I think - a pickup done, of a bunch of lines, or that the recording hadn't synced properly at all, or that the Skype lag was super big, and so I had to kind of artificially figure out where all of the reactions and words were going. I believe that that was an Enthusigasm episode at least, and I don't remember which one it was. But that one was really difficult. And I think also, additionally, something that makes editing more difficult, is if it's a subject that you have absolutely no interest in, and you have to spend like eight to ten hours...

[Laughter]

TESSA

... just listening to people talk about something that you don't care about at all!
And it's like - oh I love all these people, but I'm so bored right now... but not
like bored bored...

[Laughter]

TESSA

... because everyone's funny of course... but just like - when you hear the same
thing over and over again, about something that you're already not interested
in, then you're like - oh man... this is dragging on...

HELEN

I think the episode with the pickups must be the Magic episode.

TESSA

Most likely.

HELEN

Where...

TESSA

Stage magic?

HELEN

Yes. Because Sean's microphone broke halfway through...

[Laughter]

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TESSA

Yeah, yeah yeah. So that one was hard to... that one was a hard one to edit.

HELEN

OK. So the boring episodes are difficult to edit **[Laughter]**!

TESSA

Which I feel really bad saying, but it's true for me, at least!

HELEN

It's OK. You haven't said which one it is!

TESSA

Yes.

HELEN

So we can all be like... oh it wasn't that one!

TESSA

And it's not really that they're boring, but it's just like they're... the subject itself is something that I have no interest in, or experience with. For instance, if I'd been editing the Mass Effect episode, it might have been interesting, how everyone was talking about it, but I know nothing about the game, I've never played the game, and so I would have probably not been having the best time editing it, because it would have just been all about a game that I've never played before - you know... so I don't have the same level of like... oh I know

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what's going on and I can kind of - in my head - almost participate in the conversation, as I'm editing it. And those are the ones that are fun and engaging, and easier to edit, for me.

CATHY

I'd have to say for me - and again I can't really remember like where this would happen, but there are some where you've had really super late recording sessions... like 10 o'clock, 11 o'clock at night. And as a result, everybody is active in the conversation, but its also can be like, kind of low key. Kind of chill, which is... is good, but from an editing standpoint like... I will get emersed in that feeling, and I will find myself like... having to go back and double check some editing points, two or three times in a row, because my brain starts to drip off a little bit.

HELEN

So like you get the...

CATHY

I start feeling what everyone else felt in the recording session...

HELEN

Yeah, the ambience of the episode...

CATHY

Exactly!

[Laughter]

HELEN

What about you, Michelle? What's the... has there been an episode... I mean, earlier you said that it was difficult to edit your own voice, but is there anything other than that?

MICHELLE

The boardgames episode was a challenge for me, because... I mean very much like... kind of like what Tessa said, I mean I entered into it thinking - oh the boardgame episode... I've played boardgames - I've played Eldritch Horror - I've played boardgames at people's houses, you know dead of winter and stuff. I know some stuff about boardgames. Well actually this should be cool, and nobody talked about a single boardgame I'd ever played...

EVERYONE

Oh...

MICHELLE

So... I... and there were lots of phrases that I'd never heard before, like German boardgames, European resource management games. I was like - I don't know what that is.

HELEN

Oh no...

MICHELLE

And so when I was editing it, I was like - well I have to make sure this makes sense, but I don't know if it makes sense or not, if you know what I mean? Like

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I had to do a lot more reading on the boardgame stuff to really make sure that I wasn't... like I didn't accidentally cut something out that would mean that the next five minutes makes no sense, if you see what I mean?

EVERYONE

Umm...

HELEN

Yeah, I know what you mean.

MICHELLE

... it was a bit of a juggling act.

HELEN

Oh, thank you for that extra care though.

MICHELLE

No, it's all good. And I really enjoyed listening to the episode because I learnt a lot about boardgames. Like I went into there arrogantly thinking - I know boardgames, like I really know nothing - I know nothing.

[Laughter]

MICHELLE

Like I didn't know that Snakes and Ladders was basically a game of chance. I had no idea.

HELEN

Blew my mind as well.

CATHY

Exactly.

MICHELLE

And I didn't know that that Ludo was the same as...

TESSA

Parchisi?

MICHELLE

Yeah! I learnt so much from that episode. So it was a good one. So I mean - editing Enthusiasm is great fun... it really is. So, to pick like the most difficult thing about it, is a bit like picking the most difficult thing about listening to people enjoy something. And that's great...

TESSA

Yeah...

MICHELLE

... That's always great. Like I can tell that everyone here is really trying to like... scraping the barrel, for reasons...

[Laughter]

MICHELLE

For negative things here.

TESSA

I mean the easy default is - oh there was a tech issue that made it hard to edit. That's just true. That's always going to be true. But then when it's like... oh actual content wise... we're like... whatever it's a lot harder because yeah it is everyone just having a good time. Yeah.

HELEN

Aww... I'm glad. I'm really glad. I'm very glad and proud of this thing that we've made. Oh... anyway, I have one last thing. And this is basically based off my experiences on Rusty Quill Gaming. Which is... so obviously I have to listen to all the episodes once or twice again, for the content warnings... and to pick up on certain things that people say. So, Alex will say things like - "it becomes readily apparent"... or "I'm going to throw you a bone" or "good... good..."

TESSA

"Good, good!"

CATHY

"Good..."

HELEN

...and I am wondering if there's anything that any of you have picked on, that I often say, but I don't know is there?

CATHY

[Giggling] I do notice, that when you're ready to wrap up a topic, your voice goes down a little bit... it's like... "yes, that's nice".

MICHELLE

I was going to say that...

CATHY

So anyway!

[Laughter]

HELEN

That's the therapist voice!

CATHY

It's adorable!

HELEN

That's... it's because I'm mimicking when my therapist is like... "so we're coming to time!".

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[Laughter]

TESSA

Yeah...

[Laughter]

MICHELLE

So Enthusigasm's model is a therapy session!

[Laughter]

TESSA

Oh wow... This is information you never knew!

[Laughter]

TESSA

Yeah, I mean the way that too that you like, are like oh...so earlier you said this thing, let's dig a little deeper... can you tell me more about that? That's just the same...

[Laughter]

HELEN

Oh no, you've caught me!! You've caught me!!

[Laughter]

TESSA

We should give your therapist credits in the description as well!

CATHY

Yeah! Maybe we should be paying for all these sessions too... oh...

[Laughter]

Thank you, same time next week, OK, thanks bye!

[Laughter]

MICHELLE

I will say, I did feel better after I guested on one. Like, because... in life you can be like... you could go around and not appreciate the things you have. I think it's very... I mean that's kind of how humans have got to where they are, always driving for something more, because if we were happy with what we had, we'd never have left the caves, right? So to have a set time to sit down and be like "oh there's this thing that I love that's in my life that's great", I left that feeling amazing, and that's what it is. I know...oh wait we're supposed to be roasting Helen, sorry... err...

[Laughter]

MICHELLE

Yeah, you do have a habit of at certain points, after you've laughed saying... "wonderful"... or "delightful"... and that is delightful, in itself.

HELEN

Yeah... you're right **[Laughter]**

MICHELLE

It's like you have the laugh, and then you're reviewing it and saying "that was wonderful"!

[Laughter]

TESSA

I also love every time that you're kind of transitioning to like the next thing, you'll be like "umm... alright... anyways... so..." and then you'll go... it's like there's three or four filler words, before you get going again, where you're just thinking and processing and getting ready...

HELEN

I think it's like... I'm indicating... it's like a way of me indicating to the people that I'm about to move on. And I'm also looking at my notes to be like... "oh what was the next question again".

TESSA

Yeah, and it's actually very useful as an editor too because you can like kind of... you have like a nice pause after each one, so you can kind of pick the word that you want to have lead into the next thing, or the two words... so that's nice.

HELEN

Oh, I'm glad... I'm very glad that I can make some of your job easier.

TESSA

Oh man, I miss the chance to be the teacher's pet earlier and say that you were my favourite person to edit...

EVERYONE

Oh...

CATHY

Oh, you did. You messed up Tessa.

TESSA

Oh man... I'm betraying my younger self!

CATHY

Oh man... we're going to head right back into the dungeon and we're going to stay locked in there! That was a...

TESSA

Oh, you're right. I should have sucked up. I should have sucked up!

CATHY

Oh man!

HELEN

You're not allowed to chose me - I'm on all of the episodes... you're not allowed to specialise...

MICHELLE

We're not very good at the career thing, clearly! That is the move isn't it! I'm going to climb up to the top of Rusty Towers, I'm going to become bigger than Alex and this is how you do it!

[Laughter]

MICHELLE

Alex, I'm sorry. I'm not coming for you - please don't let me go, I'm not coming for you. I have no aspirations that way! I promise.

MICHELLE

I'm not plotting and scheming to take you down!

[Laughter]

TESSA

Seriously shuffling notes aside... hiding red string...

[Laughter]

HELEN

This is not a Rusty coup...

MICHELLE

I don't have a filing cabinet with blackmail material in it, I swear!

[Laughter]

HELEN

As I've said before, I don't think Alex listens to these episodes, because like... this is one of the first shows that we did where he doesn't have to. And if doesn't have to, then he won't because he's got too much other stuff to do...

MICHELLE

OK. Well everyone, I've got this plan, and I want you to come in with me on it!

[Laughter]

HELEN

Well, I think we will draw the episode to a close there while we discuss our plans to take over Rusty Towers. This has been weirdly wholesome and lovely as I was kind of expecting it to be kind of wacky and silly, but this has actually been really nice and really interesting to hear from like the other side... what's it's like.

CATHY

Can I give a quick shoutout?

HELEN

Yeah.

CATHY

Just the fact that - one thing I noticed in the past year, which I thought was really cool... I think obviously like Enthusigasm, you know every episode you kind of learn something, because of all the different topics that are discussed. I remember editing the vocal episode, and that bit that happened where everybody learned how to do death metal screams, and then I went over to Chapter and Multiverse and what does Lowri do... for one of the specials... she throws in a death metal scream, and man was it good... it was good...

TESSA

It was so good. I remember editing that... and putting the sound design in for that episode.

CATHY

It was so awesome.

HELEN

An excellent shoutout. Well, thank you all so much for doing this silly little episode with me. I'm really glad that in the most part, you have a good time working on the show - that makes me super-duper really happy. I've got loads of endorphins now! [laughs] Oh no my microphones fallen down...

TESSA

Helen are you sabotaging us already!

HELEN

I'm so sorry. OK. It's fine. It's fine now. Sorry I was going be like really loud like bumps and rustles... in my track...

CATHY

We have to go back and correct the episode now - the one's that's the hardest to edit is this one!

[Laughter]

HELEN

But yeah... thank you, thank you so so much... both for being on this episode and for everything that you all do on this show. Literally wouldn't exist without you - because we can't put the raw audio out! But for now, it is goodbye from me - goodbye, and its goodbye from our lovely Enthusigasm crew. Do you want to say goodbye?

EVERYONE

Bye!

TESSA

What would you do if someone said - no - I don't want to say goodbye? I don't no - I'm not saying goodbye.

CATHY

Alex tried that. Remember if we just keep talking, this doesn't end...

TESSA

Oh, yeah...

HELEN

No, we're not doing that...

CATHY

So all we have to do is just keep chatting over and over again...

HELEN

...and you'll have to do that because otherwise they won't sync up properly...
so... stop... stop the recording now!!

[Show Theme - Outro]

HELEN

Enthusigasm is a podcast distributed by Rusty Quill and licensed under a creative commons attribution, non-commercial share alike 4.0 international license. It is directed by Helen Gould, produced by Lowri Ann Davies with Executive Producers Alexander J Newall and April Sumner. This episode of Enthusigasm was edited by Lowri Ann Davis, Maddy Searle, Marisa Ewing, Tessa Vroom and Cathy Rinella. Thanks for listening!

[Show Theme – Outro Ends]

Hosted and Directed by Helen Gould

Rusty Quill Enthusiasm – EGSM on EGSM

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