

## EGSM - Declassified Patreon Bits

### Content warnings

- Loud vocalisations
- Occasional beeping
- Discussions of: war & death
- Mentions of: disability & healthcare, transphobia, missing children

### [Show Theme - Intro]

**HELEN**

Hello one and all, today we're declassifying some of the extended bits from our Patreon episodes. So you can enjoy some of the chats that are missing from the public versions. If you like what you hear, and you want more, go to [www.patreon.com/rustyquill](http://www.patreon.com/rustyquill) hopefully we'll see you there!

### [Show Theme Pop]

**HELEN**

I do want to mention that it looks like you're wearing...

**NATHAN**

I am wearing a very fancy hat indoors, yes.

Rusty Quill - Enthusigasm – [Anime]

**(Laughter)**

**HELEN**

Not just that but it looks like octagonal glasses...?

**NATHAN**

Oh, yeah, yeah, yeah these are my regular frames.

**SASHA**

Oh, yeah.

**HELEN**

Oh.

**NATHAN**

I switch between about four or so, depending on whether...both comfort and what else I'm wearing, I guess.

**(Laughter)**

Like glasses are one of the few physical disabilities that we've also turned into a fashion statement...

**(Laughter)**

Rusty Quill - Enthusiasgasm – [Anime]

So, I'm gonna like take as best use of that as possible, but yeah, yeah, yeah my octagonal golden frames are my favourite pair.

**(Laughter)**

**HELEN**

They are very good.

I mean we were talking I think all of use wear glasses on this call.

Sasha, would you like to mention your fun glasses fact about you?

**SASHA**

I don't know if it's fact it's a bit embarrassing because I think it's too frivolous, but I actually have 12 different frames all with the same prescription.

**NATHAN**

For sure.

**SASHA**

But in my defence I got them very cheap.

**(Laughter)**

**HELEN**

I think it's wonderful. I wish I had 12 different pairs of glasses.

**(Laughter)**

**NATHAN**

No, that's rad, I mean you know, being able to have... are they like all super different styles, or do they like fall into camps because I could probably...

**SASHA**

They kind of fall into camps because I... okay, I ordered them because this website was doing a 50% off on online that they also did buy one get one free, and they stacked.

**HELEN, MARISA AND NATHAN**

Oo.

**SASHA**

So, I got half price frames, but I got four pairs of frames no, for the price of one pair of frames I'd get four pairs of frames...

**NATHAN**

Right.

**SASHA**

...and I was working somewhere that paid me absolutely abominably, but did pay £70 of glasses frame every year.

**ANNIE**

Wow.

**SASHA**

So, every year I was like, I am just going to take your money and buy some glasses...

**NATHAN**

Yeah.

**SASHA**

...and I would get four pairs of glasses delivered.

So, there's... they're all a bit different except for there are a few... well like one year I was like this year I'm really into Wayfarers so I just got a bunch of different Wayfarers. Yeah, but there's a range, I would say they're not all 12 completely different ones but there's a spectrum.

**NATHAN**

I guess I only ask because in my pair of four that I rotate between they actually kind of fall into two very similar camps of two being blue and two being gold and I was like ah, why did I when I went to go and buy new glasses go and kind of pick ones weirdly similar to my existing pair...

**(Laughter)**

...and the that is both a measure of I already know what I like...

**HELEN**

Yes.

**NATHAN**

...but also, I already know what doesn't suit my face, because I think I went in when I bought the new pairs being like ooh I want to go and get some proper like Dame Edna looking...

**(Laughter)**

**(gasp)**

**SASHA**

Oh.

**NATHAN**

...red wing, and they look awful, horrendous.

**(Laughter)**

**SASHA**

Yeah, I tried so hard to make big ostentatious cat eyes work for me, and they just don't.

**(Laughter)**

Rusty Quill - Enthusigasm – [Anime]

**HELEN**

Oh.

I've been thinking I want to get a pair of those like perfectly round...

**ANNIE**

Yes.

**MARISA**

Yeah, those look cool.

**NATHAN**

Yeah, that's one of my other pairs, for sure.

**HELEN**

I yeah, because I bought some perfectly round sunglasses for a cosplay and I put them on, and I thought these actually look good it's just a shame they're not you know that I can't see.

**(Laughter)**

Marisa, Annie any interesting glasses you have?

**ANNIE**

I mean as I was saying before we were recording I only actually own one pair of glasses and they were the first prescription pair I ever got; which I actually do want more glasses I've had the same pair for four years and never replaced them or changed styles or anything and I would like to play around with that a little more. I did also remember though I was thinking why haven't I gotten any new ones or like updated my prescription or anything and I realised it's because my healthcare provider is... I went into an optometrist at my different healthcare provider and they were like you don't need glasses you just need reading glasses, and it's like that's not... I work outdoors...

**SASHA**

Is that not glasses?

**(Laughter)**

**ANNIE**

Huh?

**HELEN**

Yeah, that means you need glasses.

**SASHA**

Am I missing something here.

**(Laughter)**

**ANNIE**

Yeah, exactly but they were like you don't need prescription ones you can get these over the counter, we are not going to write you a prescription. I was like no, I need these ones, because I need to be able to have the transition lenses because I work outdoors and I still need to read things when I am on heavy equipment 60 feet in the air.

**MARISA**

Yes.

**HELEN**

Yeah.

**ANNIE**

So, that's part of my day job and so I haven't been able to get new glasses because they won't give me the prescription but, I do really like I have a nice pair of Ray-Bans that have lasted me forever so I stick with those for now, but I really want to branch out at some point if I can.

**HELEN**

Oh lovely.

What about you Marisa?

**MARISA**

Yeah, so I only have this one pair but my thing about getting fashion glasses is I'm so fickle with my choices, like it takes me forever to choose a pair, so I feel like it would be better for me to wear contacts and then get like fashion glasses that don't have a prescription in them, because it would be cheaper and easier to swap them out because I know once I take that leap of like, oh this is an accessory that I can change, I don't want to blow all my money on it.

**(Laughter)**

**HELEN**

Yeah, I've only got two pairs of glasses, I've got the ones I'm wearing now which are just like an oblong purple pink, and then I've got this amazing like quite large square kind of glasses with like a little bit of a cat eye but not quite and they can convert into sunglasses...

**SASHA AND NATHAN**

Oooh.

**HELEN**

...and they are mirrored sunglasses...

**ANNIE**

Ah.

Rusty Quill - Enthusigasm – [Anime]

**HELEN**

...and you just have to like clip the extra lens on.

**SASHA**

Oh, I love a mirrored sunglass.

**HELEN**

God, me too. Me too. I just realised maybe I should have brought them here...

**(Laughter)**

...but never mind. I will have to take a picture later.

**(Laughter)**

**NATHAN**

Love it, love this Skype that it's also a fashion show.

**(Laughter)**

**MARISA**

Yes.

**NATHAN**

I don't... I can prepare an alternate outfit, but give me ten minutes and I can do that.

Rusty Quill - Enthusigasm – [Anime]

**(Laughter)**

**HELEN**

Skype call those also a fashion show that's also an audio medium.

**(Laughter)**

**ANNIE**

Yes, exactly.

**HELEN**

So only we will see our excellent fashion choices.

**[Show Theme Pop]**

**HELEN**

And Beth, what about you? Do you have a preferred genre to listen to?

**BETH**

No. not at all. Really really anything. Yeah. That's a really boring answer.  
That's all I have for you.

Rusty Quill - Enthusiasm – [Anime]

**HELEN**

No, I'm really pleased. It's really cool. I ask these questions because I don't know what the answer will be.

**GABRIEL**

Also, that probably makes the most sense, for a vocal coach **[laughter]**.

**TIM**

Yeah, it would be weird if like... learn to sing this... No, I don't really like that so go... go away!

**[Group Laughter]**

**BETH**

Yeah, yeah, yeah! My pupils are from so many... apart from anything like classical or opera, it's always contemporary styles, but my students you know... I have like... people who sing metal, people who sing musical theatre, people who sing Beyonce... you know it's a whole spectrum of different genres.

**HELEN**

Can you talk to me about people who sing metal?

**BETH**

Umm... in what way?

**HELEN**

How... how do they do that?

Rusty Quill - Enthusigasm – [Anime]

**BETH**

It depends on what type... which type. Of scream they're doing. Do you want to hear? I can do some!

**TIM**

Please, yes.

**HELEN**

Ah.. yes...

**BETH**

OK. I might need to be a bit further away. OK. I probably can't do it now, because I'm nervous!

**HELEN**

Oh no...

**GABRIEL**

We'll all look away!

**HELEN**

We'll look in the opposite direction.

**BETH**

[Singing - raw]

**KATIE**

That's so good!

**GABRIEL**

Wow.

**TIM**

And that's a maintainable noise?

**BETH**

Yeah, so that's a false chord scream. You've got a set of... you have a kind of protective set of vocal folds. They're not really vocal folds, but they come across and like protect you, when you're like coughing or... and you can bring them across. It also happens in Tibetan throat singing.

**HELEN**

Umm...

**BETH**

That's what... anything that gets in the way of the even vibrations, from the vocal cords, and disrupts those even vibrations, is heard as distortion. So in this case, it's the false vocal folds. Sometimes they used to say it couldn't happen at the vocal folds themselves without damaging them, but the current thought is that there's a lot... it's kind of a new science, so a lot of people argue about this. But the new current thought is that it can be with fry. Vocal fry screams. But there's lots of different things that people do. But that's definitely not my expertise, but it is an area I work in a little bit.

**HELEN**

So how do you... is it one of those things where you just go for it? You just try?

**BETH**

Kind of. Like you have to... you're probably at first... you have to do it in short amounts, at first. Otherwise you could give yourself some damage, you have to be really, really aware of your voice, and you have to be super-relaxed and not hold too much tension, and things like that. But, yeah...

Rusty Quill - Enthusiasm – [Anime]

**KATIE**

Beth...

**BETH**

Yeah...

**KATIE**

I want to have a go!!! So you've got to kind of open the vocal folds, so that the false vocal folds can flare? Is that what you're saying?

**BETH**

Yes. You're not going to have any voice in it at all. So you're going to be like... if you think of a grumpy teenager... like [sound effect] oh I'm so annoyed...

**[Laughter]**

**BETH**

Try that.

**KATIE**

[sound effect]

**BETH**

Yeah, exactly. It's that. OK.

**HELEN**

[sound effect]

**BETH**

And then you want to make sure that you have a good breath support. And just give it a little bit extra pressure. So it's probably a little bit more than you would with actual singing.

Rusty Quill - Enthusiasm – [Anime]

**TIM**

Can we go around the table and make everyone have a go, Katie if you want to start?

**HELEN**

I would love to have a go!

**BETH**

If you kind of round your mouth as well. Different vowel shapes, so I find the easiest being like an 'O' sort of shape. But if you go for a wide like a [sound effect] and as a little bit higher [sound effect]...

**KATIE**

OK. Hang on. [sound effect]

**BETH**

Yeah, that's great. The 'O' was particularly good!

**TIM**

Best Podcast ever!

**[Laughter]**

**KATIE**

Oh hang on I peaked, I'll turn it down

**HELEN**

That's amazing. Oh my God... Oh my God... who wants to go next?

Rusty Quill - Enthusigasm – [Anime]

**BETH**

Everyone's like... Ahh...

**GABRIEL**

This is terrifying to me **[Laughter]**...

**HELEN**

Oh that's OK. You don't have to go. Tim I want you to go though.

**TIM**

OK. So it's a [sound effect]

**[Group laughter]**

**BETH**

That was a little bit too much voice in there. So you were like closing your vocal folds. So you've got like a [sound effect]

**TIM**

Yeah, yeah, yeah...

**BETH**

A sung note, yeah.

**TIM**

[Sound effect]

Rusty Quill - Enthusiasm – [Anime]

**BETH**

It's really hard, when you sing, as a singer - a lot of singers can't not do the note.

**TIM**

Yeah

**BETH**

It took me a long time, because I was... [sound effect]

**TIM**

I'm always trying to... yeah, yeah, yeah, yeah. [Sound effect]... No I can't not put a note in it!

**HELEN**

**[Laughter]**. You sounded like a zombie from Minecraft **[Laughter]**.

**GABRIEL**

What was the sound you said to start with?

**BETH**

Like a grumpy teenager... like [sound effect]

**GABRIEL**

[sound effect]. Oh OK.

**BETH**

You see that gruffness that you get.

Rusty Quill - Enthusigasm – [Anime]

**GABRIEL**

Do you want to save me to last. I'll try it.

**HELEN**

I don't want to put any pressure on you at all, Gabriel. It's OK. I can go and then you can choose...

**GABRIEL**

[Sound effect] - I can't...

**HELEN**

Oh that was really good!

**BETH**

To be fair, that was quite wicked. It wasn't like... you did have a lot of voice in there, but actually people can learn to put the voice kind of in, and it doesn't sound unhealthy. So, actually you've kind of skipped a step [laughter].

**TIM**

You've gone straight to advanced screeching!

**KATIE**

Amazing.

**GABRIEL**

I'm a punk singer, not a metal singer!!

**HELEN**

Oh God. I haven't listened to any metal... I don't... umm... [sound effect]

Rusty Quill - Enthusigasm – [Anime]

**GABRIEL**

That was...

**TIM**

There it is...

**BETH**

There we go.

**[Group Laughter]**

**BETH**

We should start a metal band...

**HELEN**

The only thing in can hear is from that stupid Vine where someone knocks over a bin, and goes *disrespect your surroundings!!!*

**[Group Laughter]**

**TIM**

I have not heard that one!

**HELEN**

It's very good. OK. This... I think this is the best thing that we've ever done on this Podcast!

**[Laughter]**

Rusty Quill - Enthusigasm – [Anime]

**HELEN**

I'm so happy. [Laughter]

**KATIE**

I think we should have a like a, 3, 2, 1...

**[Group Laughter]**

**TIM**

Oh yeah... altogether... OK, ready, ready, ready...

**HELEN**

OK.

**TIM**

Three, two, one!

**EVERYONE**

[Sound effect]

**[Group Laughter]**

**[Show Theme Pop]**

Rusty Quill - Enthusigasm – [Anime]

**HELEN**

That sounds like it was, like, really important to you and I really don't want to detract from that in any way when I ask you about the trans headcanons for Jessie and James in *Pokémon*!

**NEMO**

Oh my god, yeah!!

**[laughter]**

**HELEN**

Because they do a swimsuit episode one time...

**NEMO**

Yeah.

**HELEN**

... and James has a full-on pair of tits!

**ALEX**

So, there's two episodes that never made it to a UK airing...

**NEMO**

Yeah.

**ALEX**

... one is the Porygon episode – Porygon is the digital Pokémon in the original 150. There was a quite high ratio of children having seizures as a result of the animation effects, so it got pulled...

**HELEN**

Oh!

**ALEX**

... and was banned in the UK. I think it was re-released in Japan with modified effects so it was fine, but it was just... it was an unfortunate and not intended consequence, obviously, and then the other one is, yeah, the swimsuit episode. I believe the episode aired in the UK, but they cut chunks of it out so it doesn't really make sense...

**HELEN**

Urgh!

**ALEX**

...but it was just, like, no... no, no! No, no, no, none of that.

**NEMO**

Mmm. There's loads of really good fan theories, but also, like, the illustrator for *Pokémon*, she has drawn – like, because Jessie and James all the time they are always cross-dressing or “cross-dressing” in scare quotes, like, Jessie is

Rusty Quill - Enthusiasm – [Anime]

always wearing, like, trousers and the princely stuff, and James is always wearing the princess outfits...

**ALEX**

Yeah.

**NEMO**

... and the illustrator was basically, like, it's more interesting this way. Like, she originally drew them, like, in the genders they that they "should be" or are, or whatever, or in that kind of clothing, but she kind of like just reversed at one time into, like, no, this makes more sense. And there is so much of that in anime as well. I mean, there's a lot of bad stuff with trans stuff – I'm not saying it's ideal at all...

**ALEX**

Sure, sure.

**NEMO**

... but there are a lot of, like, very good character tropes who, yeah, who if you... can just wear trousers and it's really cool, and they are very confident and cool people.

**HELEN**

I'm really glad that that is, indeed, that wasn't me just saying something that you'd never heard of before.

Rusty Quill - Enthusiasgasm – [Anime]

**ALEX**

No, totally a thing.

**HELEN**

I'm really glad! And I'm glad that's a thing!

**ALEX**

When I first saw them, admittedly, I thought they were brother and sister for years and years and years, because they had a chemistry I didn't recognise, and then later on I became aware of all of this. It was, like... honestly, it reads... it makes way more sense when you read it that way.

**HELEN and NEMO**

Mmm...

**ALEX**

... like, just categorically.

**[Helen laughs]**

**NEMO**

Yeah. They both have pretty, like, you know, trans-aligned back-stories as well...

Rusty Quill - Enthusiasm – [Anime]

**ALEX**

It just clicks, it clicks in really cleanly!

**[Helen laughs]**

**NEMO**

Yeah.

**ALEX**

... but then again, I am an advocate of the *Pokémon* is an extreme post-war...

**[Nemo laughs]**

... wasteland. Have you heard this theory, Helen?

**HELEN**

I have not, but I know that *Pokémon* is really, really dark.

**ALEX**

So, there's a very, very elaborate fan theory – I can't believe that I'm actually engaging in fan theory, oh my gosh!

**[laughter]**

So, there's an elaborate fan theory – Martin, our CTO, put me onto this and I was, like, oh no it works – take a moment, think of every *Pokémon* TV show

Rusty Quill - Enthusiasm – [Anime]

that you've ever seen, or *Pokémon* game you've ever played – there are no military-age adults that aren't either, basically, the police or the nurses, that aren't criminals.

**NEMO**

Mmm.

**ALEX**

The theory goes that there has been a massive draft in the Pokémon world and, basically, everyone of military-age is dead, and this is a society that's picking itself back up after that, which is why there's only, like, old man is a character you can meet, or young girl, but there's nothing in between that isn't dubious or someone who would be exempt. So there was this big elaborate theory of there's been a big war and then why the Pokémon... okay, cool. And this is why they're using Pokémon to determine arbitrary, like, the new mayor has been selected via a Pokémon battle. That makes no sense...

**NEMO**

Mmm.

**ALEX**

... it's because they're so terrified of conflict because there's been a massive war. And there's this elaborate castle in the sky, but er...

**[laughter]**

Rusty Quill - Enthusiasm – [Anime]

... yeah, I totally got on board with that train!

**HELEN**

I am going to send a picture in the Skype chat for the...

**[group laughter]**

**ALEX**

See, that is someone who has seen a lot.

**HELEN [laughing]**

Yeah! For the listeners, this is a screencap of a *Pokémon* game where the protagonist is talking to an old man with white hair and a stick, bent over, and the old man is saying, "I'm 30 years old", and you just made me think of that immediately!

**ALEX**

Yeah! And then there's whole other side-categories of this theory where it's, like, Pokémon are weapons of war that are...

**HELEN and NEMO**

Mmm...

**ALEX**

... there is now no war for them, but they hang around which is why they are all good at exploding stuff, and there's the whole, like, Mewtwo and genetics,

Rusty Quill - Enthusigasm – [Anime]

and, yeah, they were weapons of war, a war that's now over and this is a world that's picking itself back up.

**NEMO**

Mmm.

**HELEN**

And there's so many bizarre, like, back-stories for the Pokémon themselves, especially the ghost types. There's so many of them that just, like, steal children...

**ALEX**

Yeah, yeah!

**HELEN**

... and stuff like that!

**ALEX**

You mean, as opposed to a Cubone which can... do you know the Cubone one?

**HELEN**

That's the one where it wears the skull of its mum, right?

**ALEX**

Yep.

Rusty Quill - Enthusigasm – [Anime]

**NEMO**

Mmm hmm.

**HELEN**

Yeaaaaaaaahhhh...

**ALEX**

That's just weird. It's just weird.

**HELEN [laughing]**

Lots of weird shit in *Pokémon*, but... but that makes it interesting!

**ALEX**

I mean, I suppose, yeah, technically, if we're including *Pokémon* and, say, *Digimon* and that kind of ilk into anime, I think those were definitely one, although I never connected – and this sounds stupid – as a kid, I never connected *DBZ* and *Pokémon* as being part of the same, like, zeitgeist, the same school. I was, like, one person made a weird shouty, blasty, flying thing over here, and someone made tiny little pocket monsters over here, but I never connected it and then, again, much later I was, like, oh well, yeah obviously!

**NEMO**

Mmm.

Rusty Quill - Enthusigasm – [Anime]

**HELEN**

Well, they're very different shows.

**ALEX**

I always... I did have a soft spot for initial *Pokémon* as a kid, like, original 150...

**HELEN**

Yeah, me too.

**NEMO**

Mmm. It was always fun for me because I very much got into *Digimon* before *Pokémon*, and nobody that I knew had ever watched *Digimon* and they kept being, like, no you're talking about *Pokémon*, you're talking about *Pokémon*, and I'm saying, *NO*, it's *Digimon*!

**ALEX**

*Digimon* had, arguably – okay, less catchy – better music...

**NEMO**

Yeah!

***[Alex hums the theme tune]***

***[Helen joins in!]***

***[laughter]***

Rusty Quill - Enthusigasm – [Anime]

**ALEX**

Like, yeah, right? Like, it's got teeth! *Pokémon's* like, oh yeah, we're all doing... like, no! *DUN DUN!*

**[laughter]**

**NEMO**

And now my wolf has, has cannons on its shoulders, and it's got claws and it's...

**ALEX**

Oh no, I upgraded my Digimon too much, and it's become a literal angel and I'm not sure about what the ramifications of this are, but here we are!

**[laughter]**

Okay!

**[laughter]**

It's an angel with a cannon for a face, and I'm on board, I don't understand, but you have told me you are a literal angel! A literal angel! Okay.

**[Show Theme Pop]**

Rusty Quill - Enthusigasm – [Anime]

**HELEN**

Well, I hope you enjoyed those extra Patreon sections as much as we did! Take care and see you next week for another break episode.

**[Show Theme - Outro]**

**HELEN**

Enthusigasm is a podcast distributed by Rusty Quill and licensed under a creative commons attribution, non-commercial share alike 4.0 international license. It is directed by Helen Gould, produced by Lowri Ann Davies, with Executive Producers Alexander J Newall and April Sumner, this episode of Enthusiasm was edited by Lowri Ann Davies, Maddy Searle, Tessa Vroom, Marisa Ewing and Catherine Rinella. Thanks for listening.

**[Show Theme – Outro Ends]**

Hosted and Directed by Helen Gould

Producer by Lowri Ann Davies

Executive Producers: Alexander J. Newall & April Sumner

Editing by Lowri Ann Davies, Maddy Searle, Tessa Vroom, Marisa Ewing and Catherine Rinella

Rusty Quill - Enthusigasm – [Anime]

Music by Samuel D.F. Jones

Art by Anika Khan