

EGSM Season 1 Break: Declassified Patreon Bits

Content Warnings

- Occasional beeping
- Discussions of: fatphobia and toxic beauty standards
- Mentions of: bullying (comedic), drugs

HELEN (to the audience)

Hello everyone! Today's break content on Enthusiasm is a compilation of some of our favourite bits from our Patreon extended cuts, which we declassified as a little treat, have fun!

THEME TUNE POP

HELEN

That's really useful. Are there any other like improv terms that we should talk about or know?

LYDIA

We've already talked about "yes and" which is about building on...

HELEN

I don't think we defined it though.

LYDIA

Mm. It's just the rule.

TIM

It's a concept very bluntly delivered by the phrase "yes and." Somebody says something, and you say "yes, that is the case, and that..." And when you start, you literally, there are exercises where you say "yes and" but it's more a habit. Because you can say "no". Like you can say the word "no", whilst still totally accepting everything somebody's given to you and building upon it.

LYDIA

Like refusing to recognise that Ulf exists.

TIM

Yeah.

(laughter)

LYDIA

Our denial of Ulf's existence and character was our yes'ing to your game.

HELEN

Yeah. Oh that makes sense.

LYDIA

And, like, what was it, the game in Gaming and Giving where Tim didn't get to play at all.

(Helen laughs)

TIM

Yes, there was a game...there was a game, and you know what...

(laughter)

GABRIEL

What?

HELEN

It was Hide the Pickle, it was Hide the Pickle.

TIM

It was Hide the Pickle. And you know what, this was very near the time... because Lydia in your intro, you said you were famous for falling off a chair at Gaming and Giving. A close second, Helen Gould falling off a chair at Gaming and Giving. It's almost as if there were too many chairs and not enough stage. But yes, it was after that I believe, we were playing a game called "Hide the Pickle" which was just a fun little card game. A feature of which is you can skip other people's goes. And it emerged that I, just by happenstance, happened to me once or twice in a row, and being a big child, I got very cross at this fact, and thus the game was born of "Tim doesn't get a go". And I was still, you know, acting cross, but inside it's like "yes, YES, there's a thing, there's a thing we can all do and it's the best thing!"

(laughter)

You know, anything like that.

HELEN

Yeah, and it was me and Jonny. Every single time we had something that meant you wouldn't play, we played it against you.

TIM

Yeah, it's good stuff. It's good stuff.

HELEN

I've never felt closer to Jonny than when we were bullying you!

(laughter)

TIM

What we're discovering, improv is very close to bullying, as it turns out!

(laughter)

Basically, bullying where ahead of time you've all agreed it's fine.

(laughter)

TIM

And it's actually, you know what there's, you know what I wish there was a better term for it, and I'm sure there is a better term for it, because the term that I knew is "pimping", which obviously a bit of a...

LYDIA

Yeah...

TIM

Yeah...I don't know about that, but the actual thing itself is...if you're in a group of people that you trust implicitly, and you know what's going on, and it's very important this bit, because you do see a lot of it in, you know, just like groups of people who don't know each other very well, it can go very badly and it can be a very bad thing to do, especially if you're not being sort of kind and compassionate and caring. But once you sort of have that trust together, you can basically put them in difficult situations and be really mean to them, in the common understanding that that's what we're doing here...

HELEN

Yeah.

TIM

...and I'm not actually a wanker.

LYDIA

Like that time, that you came up with a seven verse aria all in iambic pentameter and flawless Italian, Tim. Why don't you in fact give us a rendition of that now?

TIM

Do you want to hear it now? Okay, okay, okay.

(laughter)

This is, this is in the original Italian.

LYDIA

FLAWLESS Italian.

TIM

Yeah, yeah...

LYDIA

The Italian was without flaw.

HELEN

I need, I need to move on, we need to move on! I'm sorry...oh I'm sweaty, okay.

(laughter)

TIM

But, you know, letters to Lydia.

(laughter)

LYDIA

I didn't doxx myself Tim...

HELEN

No, Tim, it's letters to me really, isn't it.

LYDIA

Call back to the rules which people didn't hear because they're necessarily off audio. Don't doxx yourself.

TIM

Don't doxx yourself.

LYDIA

Because I do occasionally just list my full address.

(laughter)

TIM

It's like that Streets song, like "tone it down boy, your head's getting hurt, come on now, don't doxx yourself, yeah no don't doxx yourself" - that song, do you know that one?

(laughter)

LYDIA

Yeah, yeah that one, yeah yeah yeah.

TIM

Again, deeply British reference, were The Streets famous outside of Britain?

LYDIA

No.

HELEN

No. Oh, Gabriel, I can send you a...

TIM

(singing) "Dry your eyes mate, da da da da"

HELEN

(singing) "You know it's hard to take but her mind has been made up."

TIM

Aww...

HELEN

(singing) "There's plenty more fish in the sea." Anyway...

TIM

It's men with East London accents, having emotions. What's not to love?

HELEN

Yes, and rapping about them, to like quite a gentle beat.

TIM

Yeah, yeah. If you've got a Cockney dad, that hits somewhere deep.

HELEN

Wait, was The Streets the one who did that one about... "I'm not trying to pull you"?

TIM/LYDIA

Yeah... yeah...

TIM, LYDIA, AND HELEN

(all singing)

"Even though I would like to, I think you are really fit, you're fit but my gosh don't you know it! Leave it out!"

LYDIA

"But my God, don't you know it!" Yeah, that one.

(laughter)

GABRIEL

I've never felt more American.

(group laughter)

HELEN

I'm so sorry Gabriel!

TIM

It's very much, it's basically...

LYDIA

Like there's those songs, but then there's also the, the, I'm not going to sing it, because it's the one which he actually does sing quite prettily and the kind of, the thing where he's, you know, "lights are blinding my eyes..."

HELEN

Yes, I know that one.

LYDIA

"People pushing by..." It's just, you know he's high in a club and he can't find his partner, and then everything goes crazy, and it's all like "I'm so lost."

HELEN

Yeah.

LYDIA

It's all sad.

TIM

It's basically Dave Matthews Band.

LYDIA

Yeah! Yeah, but sadder.

HELEN

I don't think I've ever heard them.

LYDIA

Maybe that's just because I connect more with The Streets' emotions. You know? Because they're East London lads.

TIM

Yeah.

THEME TUNE POP

HELEN

I want to briefly mention the Met Gala...

FRANCESCA

Mm.

MABEL

Yes.

HELEN

...because that has seen some incredible...I only became aware of it like a few years ago, I think when Billy Porter wore that tuxedo dress.

MABEL

Oh was that the Met Gala?

HELEN

I think so.

MABEL

I thought that was the Oscars or something.

HELEN

Oh it might've been!

FRANCESCA

Wherever it was, it was utterly iconic.

MABEL

I mean Billy Porter has also worn some phenomenal things to the Met Gala, like, I don't wish to take away from Billy Porter's, like, phenomenal aesthetics. Please, let that not be my legacy.

HELEN

But like, can we, can we briefly like just talk about some of the red carpet stuff. Because I think those really are verging on costumes.

FRANCESCA

Oh yeah!

HELEN

Especially stuff like Lil Nas X and his like, gold armour look which is just incredible. Nemo, have there been any that have stuck out for you?

NEMO

Genuinely...I've mentioned anime so many times already but now I'm just going to keep on.

HELEN

Go for it, go for it!

NEMO

But that...the Lil Nas golden armour one was so like...I think it's called Saint Seiya, let me just double check that, because that would be very embarrassing if it's not.

HELEN

A lot of people have been telling me...well, a lot of people, my best friend who's really into JoJo's Bizarre Adventure says that everyone was comparing it to a character from there called Dio, I think?

NEMO

Yeah! Oh yeah, I mean, Dio has the like...the, you know, the like...ah, it's a podcast medium and I'm trying to mime it. Like, you know, the like, vibe? But um, so Saint Seiya has these like really like, beautiful golden, like, angelic armour kind of things and it was very like...oh, this is a weeb.

(laughs)

He's going to...I think I saw a Tumblr post that was like 'the Met Gala is just MCM Expo but for rich people' and I was like 'yeah it is!'

(group laughter)

And the people who don't treat it seriously, I'm like...you guys didn't, like...if I had the money to just spend so much money on like a really expensive, like, cosplay, then I would want to do it cool and look really excellent and not just wear a suit.

HELEN

Wait, what would you, who would you cosplay as?

NEMO

Oh god...no, I don't, oh, I think...hmm...all of these like really cool suits of armour or like, you know, a big mech. I feel like it would be a really, like, big dick move to like get on the red carpet in a full, like, mech suit of armour that like lit up and had like lights and like, sounds and like, just, yeah. I don't know, looked like a Power Rangers thing?

MABEL

No you should one hundred per cent do it!

FRANCESCA

I feel like it would be a very authentic like, being yourself moment. I think that probably you would get derided in the press because they only like cool that they've dictated as cool...

(Nemo laughing)

...but you would feel like the absolute bomb.

HELEN

Yeah, we'd all know it was cool.

FRANCESCA

Yeah, we'd all be like yeah!

NEMO

Thanks. That didn't at all sound like I was being like...the teacher being like 'I think it's a cool idea Nemo, good job!'

(group laughter)

HELEN

No, I am being fully sincere. I support any and all armour that people would like to wear on a red carpet.

MABEL

And, like, other people have worn lit up things to the Met Gala.

HELEN

Yeah!

MABEL

That wouldn't be a first. That's fine. It would've been more, it would be exciting than just the random light up dresses occasionally so yeah! I'm on board.

NEMO

Thanks guys!

FRANCESCA

There are lots of people though who are like famous celebrities who think they look incredible and just get really badly ripped on, and I think it's really out of order. Like, mostly they're commenting on people's bodies and that can absolutely get in the bin. But two, like if they think they look brilliant, great. Whatever. We don't need to talk about it. Just say stuff you liked.

HELEN

Yeah.

MABEL

This is the thing. Like so much of it is about tearing people down and also like you said, like, so much of fashion is like, a thin body is the world's greatest accessory. Like, so much of fashion is just like, 'is this beautiful or is it on a thin person'? But oh my god, the Met Gala, there have been some truly like gorgeous things, but people not, like, having fun with the theme does really disappoint me. Because it's just like, you have the greatest opportunity to do something completely wild, like completely out of the box! Enjoy yourself or give your ticket to somebody else. Like come on! Someone who's going to have fun with this. You can wear a suit to anything! Please! Or just like, a simple dress. Like, come on, do something with it!

FRANCESCA

When I look back on Bjork's swan dress, I just think there's nothing better than it, but everyone classifies it as one of the worst dresses but it's like one of the most iconic looks ever!

HELEN

Wait, what was?

FRANCESCA

Bjork's swan dress.

MABEL

Oh yeah.

HELEN

Ooh, let me look at that.

FRANCESCA

Everyone classifies it as one of the worst looks but it's not.

MABEL

Oh that is like the most famous Bjork photo. She's got like, this like white floofy almost like tutu-y thing and then the neck is a swan going round her neck.

HELEN

Oh my god! Yes! It's like a white tutu, and then it's a one shoulder thing, but the shoulder turns into a swan's neck and the swan's head comes round the other side.

FRANCESCA

But that is undoubtedly on lists of like 'the worst looks ever', but also Bjork doesn't care, mate. She does not care what you think!

HELEN

I love that. I really love that about what, like, fashion and costume can do in terms of like...it can just express how much you don't care what other people think. Like this makes me feel good, and I am wearing it, and you can all go get in the sea if you don't like it.

FRANCESCA

Mm-hm.

HELEN

I think that's really the beauty of expression.

MABEL

The thing that I love about the Met Gala is, is seeing different people's interpretations of things.

HELEN

Mm.

MABEL

And it's the thing that I love about drag as well, and I'm literally like, I'm in a drag competition at the moment and we get a theme each week and we have to do a thing.

HELEN

Ooh!

MABEL

And I had a show yesterday and it was like seeing everyone's different interpretation of exactly the same theme is just so great. To see like, just, how people's brains are so different and it's awesome! I just love that.

THEME TUNE POP

HANNAH

... one of the most, like, beautiful things that we've done in history is sending out the Voyager probes, which...

TAI

Oh god, yes.

HANNAH

...if anyone doesn't know, it's just these two lovely little robots that we sent off in opposite directions in space and each of them contains a golden record, like literally a record, like the old version of CDs, that contains like sounds of life on Earth and like weather and animals and audio samples of people in a multitude of different languages saying basically like, "hey, we extend greetings and we want to be friends. And hopefully someone can eventually answer us." And they're still out there, just going.

TAI

They are.

ALEX

Have you ever listened to it, like properly listened to it?

HANNAH

Yeah, it makes me cry!

TAI

Oh!

ALEX

Right?!

HANNAH

Like I'm tearing up right now just really thinking about it.

ALEX

It's like, it's like: holy crap, some humans actually got together and tried to do something that was good.

HANNAH

Yeah!

ALEX

And they were just like, we're gonna do it. Why? Because we can!

HANNAH

Yeah!

Page Break

ALEX

Let's be good. Let's actually like send a positive message into the actual universe.

HANNAH

Mm hm.

ALEX

Oh, it's so good!

HANNAH

I'm so glad I'm not the only who gets really emotional about the Voyager probes, thank you!

ALEX

No, absolutely.

HELEN

No, no!

TAI

Yeah, specifically you just gotta even read the transcript of what was said.

HANNAH

Yeah!

Page Break

TAI

And again we're talking about sci-fi books it reminds me there's a great one I'm reading at the moment called "To Be Taught, If Fortunate" by Becky Chambers. And that's about you know, humans having expanded and Earth no longer exists, all of humans are living on the original ships that, that fled Earth, and so what does it even mean to be human any more?

HELEN

Mm.

TAI

But that line: "to be taught, if fortunate" is directly from I believe one of the, it was either a letter or one of the sort of speeches that went with the Voyager probe that was like: "hello, we're humans, we'd love to meet you because we want to learn, and we want to teach you, and we want to share."

ALEX

Yeah.

HANNAH

Yeah.

TAI

And it does make me very emotional that like, regardless of why we looked up at the sky and why we want to believe in aliens, there's enough people out there that really just want to meet them and say hello.

HANNAH

Yeah.

ALEX

Yeah. There are few things I take pride in, but knowing that if you exclude like radio signals which is a little more pessimistic, in terms of like physical stuff we have sent out into space, the things that we have managed to get furthest, they actually are demonstrably us at our best.

HANNAH, TAI AND HELEN

Yeah!

ALEX

We didn't chuck out a Tesla car as hard as we could.

(Group laughter)

ALEX

We actually sent something that matters and right now the thing that has gotten the furthest out into the universe is us at our best. That's great.

TAI

Yeah.

ALEX

That's what you want. That's what you want someone to pick up and go: "oh okay, yeah. I'll go give you a visit, fair play. "

HANNAH

Yeah, absolutely.

HELEN

Awwww, Hannah you did it, you saved us!

HANNAH

Wow, I did it! I did it!

HELEN

Hurray!

TAI

You really did.

(Group laughter)

THEME TUNE POP

HELEN (to the audience)

Ah, fond memories! Hope you enjoyed today's episode, and remember, if you want to hear the extended cuts when they're released, you can always join the Rusty Quill Patreon at patreon.com/rustyquill, there's some other bits and bobs in there, but I know Enthusiasm is what you're really interested in! See you next week.

(Show Theme - Outro)

HELEN

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(Show Theme – Outro Ends)

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